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Introduction to Understanding and Working With and Through Conflict (for parents/guardians)

September 1, 2020; 9:30-11:30am

Intended Audience: Parents/Guardians

This two-hour training will focus on understanding our own perceptions of conflict and will provide a framework for the subsequent trainings. Participants will learn a four-step formula for having a challenging conversation or resolving a conflict with someone else.

Presenter: Marc Purchin; Purchin Consulting

ADHD: What It Is, What it Isn't, and What to Do About It

September 9, 2020; 9:00-10:30am

Intended Audience: School Psychologists, General Education and Special Education Teachers, especially those working with students who are hyperactive and/or inattentive

Results from the National Survey of Children's Health (NSCH) from 2016 indicate that approximately 9.4% of children ages 2-17 have received a diagnosis of ADHD. This statistic suggests that 6.1 million children grapple with ADHD symptoms and the number is on the rise. This training highlights the historical implications of the current increase in this diagnosis, and offers information on how to accurately identify and assess for ADHD.

This training also reviews best practice and evidence-based interventions to support students with an ADHD diagnosis in an academic setting.

Participants will:

- Gain a better understanding of the historical implications of the current rise in ADHD diagnoses
- Learn strategies to assess for ADHD
- Learn evidence-based strategies and treatment interventions for working with students who have an ADHD diagnosis

Presenter: Kristin N. Moore, Psy.D, Clinical Psychologist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)

Discussion on Assessment Procedures for School Psychologists

September 14, 2020; 9:00am-12:00pm

Intended Audience: School Psychologists, Administrators

This forum is for school psychologists to engage in conversations and determine appropriate next steps for special education assessments. Attendees will participate in discussions on the administration of assessment procedures (standardized testing, non-standardized testing, questionnaires, interviews, observations, etc.). A *follow-up session* will be held on September 29, 2020 regarding other assessment items that continue to be an issue.

Presenter: Robyn Moses, LPCC, LEP



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Building Positive & Effective Relationships among IEP Team Members

September 15, 2020; 9:00am-12:00pm

Intended Audience: Special Ed Staff/Administrators

What tools and techniques can IEP teams use to create a collaborative, effective, and efficient process that leads to positive outcomes for students, and promotes positive relationships with families? This presentation will offer information on how to use negotiations techniques to promote consensus in a win-win atmosphere. Presenters will provide information on how to prepare for an IEP meeting, and how to assist families to also come prepared to participate positively and effectively. Quality communication and listening skills will be emphasized. (*A <u>repeat session</u> will be held on October 19, 2020 from 1:00-4:00pm)

Presenter: Douglas Little; Key2Ed

Eliminating Conflict through Exemplary Customer Service

September 16, 2020; 9:00am-12:00pm

Intended Audience: Special Ed Staff/Administrators

How do we put "noise in the system" that creates an atmosphere of antipathy and distrust, results in conflict? What steps can we take to create a culture that promotes cooperation and collaboration? How do we return to our roots of quality education for students and service to families to avoid disputes and conflict?

This presentation will offer ideas on special education's customers, our students and their families, and how we can provide exemplary service to them. We will explore best practices in customer service and discuss how we can utilize and adapt these practices to special education, to serve our diverse customer population. Communication tools and ideas will be presented to assist special educators in developing last positive relationships, and a welcoming school culture. (*A repeat session will be held on October 20, 2020 from 1:00-4:00pm)

Presenter: Joyce H. Little, Ed.D; Key2Ed

Conflict Resolution - Tips & Tools for Challenging Conversations w/ Colleagues and Parents

September 22, 2020; 1:00-3:00pm

Intended Audience: District General Ed/Special Ed staff



California Department of Education has documented that the number one reason why parents make a state compliance complaint or file for due process against the school district (i.e., sue) is that they did not feel heard at the site level. Therefore, site administrators are encouraged to attend.

Presenter: Marc Purchin; Purchin Consulting



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Discussion on Assessment Procedures for School Psychologists (follow-up session)

September 29, 2020; 9:00am-12:00pm

Intended Audience: School Psychologists, Administrators

This is a follow-up session for school psychologists to discuss other assessment items that continue to be an issue.

The previous session held on September 14, 2020 covered administration of assessment procedures (standardized testing, non-standardized testing, questionnaires, interviews, observations, etc.).

Presenter: Robyn Moses, LPCC, LEP

Building Positive Communication Skills (for parents/guardians)

October 6, 2020; 9:30-11:30am

Intended Audience: Parents/Guardians

(Active listening, question strategies, `I' messages). This two-hour training will provide parents with strategies for holding effective and productive conversations with teachers, service providers and administrators who work with their child(ren).

Presenter: Marc Purchin; Purchin Consulting

Culturally Sensitive Communication (for school district staff)

October 9, 2020; 9:30-11:30am

Intended Audience: District General Ed/Special Ed staff

Using special education as the umbrella, and through case study and interaction, this training will provide tips and tools for educators and administrators to be able to facilitate discussions across cultures. This workshop will explore differences between unconscious (implicit) bias, racism and the stereotypes we bring to every conversation. Participants will also leave with a "tool kit" they can use in future cross-cultural dialogues.

Presenter: Marc Purchin; Purchin Consulting





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For Paraeducators: Behavior Supports in the Classroom - How to Implement Effective Reinforcement Strategies

October 13, 2020; 9:00-10:30am

Intended Audience: Paraeducators who support students with behavior needs in all educational environments

This training will increase paraeducators' understanding of why students engage in problem behavior. Strategies for intervention with problem behavior will be discussed.

Participants will brainstorm how to intervene with behaviors as support staff in the classroom. Video examples will be shared and participants will brainstorm appropriate interventions. Evidence-based behavior intervention strategies will be covered that match the cause of behaviors to effective strategies across all ages and severities of behavior.



Participants will:

- Increase understanding of why students engage in undesired behaviors
- Be provided with specific explanations of how to implement behavior strategies
- Leave with more ideas and strategies on how to support problem behaviors

Presenter: Tara Zomouse, M.Ed., BCBA, NCED, Behavior Analyst/Education Specialist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)

Building Positive & Effective Relationships among IEP Team Members (repeat session)

October 19, 2020; 1:00-4:00pm

Intended Audience: Special Ed Staff/Administrators

What tools and techniques can IEP teams use to create a collaborative, effective, and efficient process that leads to positive outcomes for students, and promotes positive relationships with families? This presentation will offer information on how to use negotiations techniques to promote consensus in a win-win atmosphere. Presenters will provide information on how to prepare for an IEP meeting, and how to assist families to also come prepared to participate positively and effectively. Quality communication and listening skills will be emphasized. (*This is a repeat of the session held on September 15, 2020)

Presenter: Douglas Little; Key2Ed

Eliminating Conflict through Exemplary Customer Service (repeat session)

October 20, 2020; 1:00-4:00pm

Intended Audience: Special Ed Staff/Administrators

How do we put "noise in the system" that creates an atmosphere of antipathy and distrust, results in conflict? What steps can we take to create a culture that promotes cooperation and collaboration? How do we return to our roots of quality education for students and service to families to avoid disputes and conflict?



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This presentation will offer ideas on special education's customers, our students and their families, and how we can provide exemplary service to them. We will explore best practices in customer service and discuss how we can utilize and adapt these practices to special education, to serve our diverse customer population. Communication tools and ideas will be presented to assist special educators in developing last positive relationships, and a welcoming school culture. (*This is a repeat of the session held on September 16, 2020)

Presenter: Joyce H. Little, Ed.D; Key2Ed

Legal and Practical Essentials of Due Process and Mediation

October 26, 2020; 9:00am-12:00pm

Intended Audience: Special Ed Staff/Administrators

IDEA due process hearings are the primary vehicle for resolving disputes between parents and districts concerning the identification, evaluation, placement or the provision of FAPE to students with disabilities. Jan Tomsky will look in-depth at "process of due process" from the filing of the complaint to the actual hearing, with stops along the way to discuss pre-hearing settlement options—specifically mediation, resolution meetings and alternative dispute resolution.

Presenter: Jan E. Tomsky, Attorney at Law; Fagen, Friedman, Fulfrost LLP

Projective Assessment: Diving Deeper

October 27, 2020; 9:00-11:00am

Intended Audience: School Psychologists, ERMHS assessors (This is an advanced training for individuals who already have a foundational skill-set in social-emotional projective measures)

Projective assessment measures can provide invaluable information regarding the social-emotional wellbeing of our students. These testing techniques offer youth an outlet to provide their own responses and additional information related to their internal processes. The measures go beyond "forced choice" responses on self-rating scales and that which can typically be obtained through behavioral observations. This training will review some of the more commonly used projective measures, and serve as a "refresher and update" for those who have had more exposure to these techniques during their graduate studies. Participants will have the opportunity to ask questions pertaining to theory, research, and interpretation. Participants are encouraged to bring their own data, and case studies will be utilized to support skill acquisition.

Participants will:

- Learn theory relevant to the utilization of projective measures
- Identify projective measures they can add to their social-emotional or ERMHS assessments
- Refresh their skill set as it relates to projective assessment measures

Presenter: Kristin N. Moore, Psy.D, Clinical Psychologist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)



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Preparing for Meetings by Looking at Problems from Differing Perspectives (for parents/guardians)



November 3, 2020; 9:30-11:30am Intended Audience: Parents/Guardians

(Interest-based negotiation). This two-hour training will provide participants with a worksheet on how to best prepare for meetings, using interest-based strategies outlined in the book Getting To Yes by Rodger Fisher and William Ury. A large emphasis of this training will be allowing participants to practice preparing for meetings and to receive coaching and feedback.

Presenter: Marc Purchin; Purchin Consulting

Offering Free & Appropriate Public Education (FAPE), Not Favors

November 9, 2020; 9:00am-12:00pm

Intended Audience: Special Ed Staff/Administrators

No one enjoys being in a contentious IEP meeting, and saying, "Yes" to parent requests often seems like the easiest way to resolve conflicts and move forward. Unfortunately, there are many situations in which a parent's requests are not supported by our team's professional recommendations, and may even run contrary to what the school team believes is required for FAPE. This presentation will offer concrete strategies to address requests during IEP meetings, including model language for different scenarios, and help administrators evaluate when to compromise, when to gather more information, and when to refuse parent requests in the IEP meetings. For requests that cannot be resolved in the IEP meeting, we will review the legal requirements of prior written notice letters, and discuss when districts should consider using alternative dispute resolutions. Finally, we will give case examples where districts' decisions to go along with parents' requests ultimately resulted in findings that the district denied FAPE, and how to avoid similar outcomes pro-actively.

Presenter: Tracy Petznick Johnson, Attorney at Law; Harbottle Law Group

Culturally Sensitive Communication (for parents/guardians)

December 1, 2020; 9:30-11:30am
Intended Audience: Parents/Guardians

This two-hour training (with special education as the umbrella) provides participants with tips and tools to aid them in having discussions across cultures, through use of case studies and interaction. This workshop will explore differences between unconscious (implicit) bias, racism and the stereotypes we bring to every conversation. Participants will also leave with a "tool kit" they can use in future cross-cultural dialogues.

Presenter: Marc Purchin; Purchin Consulting



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3-part Series: Completing a Functional Behavior Assessment (FBA) to Determine Effective Interventions for Problem Behavior

December 1, 2020; 9:00-10:30am – <u>Session One</u> December 10, 2020; 9:00-10:30am – <u>Session Two</u> January 14, 2021; 9:00-10:30am – <u>Session Three</u>

Intended Audience: School Psychologists, Behavior Specialists

This is a three-part series of trainings presented in short sessions. These sessions will be presented over a period of several months, allowing the participants to practice and apply the knowledge gained during each session.



The sessions are:

<u>Session 1: Data Collection for Analysis</u> (December 1, 2020) — Tools and methods will be introduced that allow for effective, time-efficient and appropriate data collection of problem behaviors that occur within the educational setting.

<u>Session 2: Determining the Function</u> (December 10, 2020) – Using collected data to determine a hypothesis for why problem behavior is occurring. The session will discuss how to analyze data to determine the function, especially when there are multiple contributing factors impacting the behavior.

<u>Session 3: Designing Function Driven Replacement Behaviors and Putting It All Together</u> (January 14, 2021) – How to use the information gathered through a functional assessment to lead to effective identification of appropriate replacement behaviors. This training will review examples of how to write a defensible and accessible FBA report.

Participants will increase skill in completing a FBA that leads to effective identification of replacement behavior and appropriate intervention.

Presenter: Tara Zomouse, M.Ed., BCBA, NCED, Behavior Analyst/Education Specialist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)

2-part Training: How to Design a Day of Effective Direct instruction for Students w/ Significant Learning Needs

December 15, 2020; 9:00-10:30am – <u>Part One</u> January 13, 2021; 10:00-11:30am – <u>Part Two</u>

Intended Audience: Special education teachers teaching SDC classes, Special education administrators, Staff supporting instruction within the SDC classroom setting

The design and implementation of instruction is the primary role of an effective teacher, who can impact student learning and success in the classroom. However, designing instruction that is effective and relevant for all students, when student ability and academic skills can vary widely, can be difficult!

This workshop will present strategies for identifying how to group students for small group instruction, the important elements of direct instruction for all students, ideas for curriculum design, and tips for management and implementation of a well-designed educational day.



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Participants will:

- Learn the critical elements of effective direct instruction for students at varying levels of support
- Practice highly effective strategies for engaging all students in learning
- Understand how to create and manage staff, students, and instruction
- Create a plan for next steps in improving their classroom instruction practices

Presenter: Tara Zomouse, M.Ed., BCBA, NCED, Behavior Analyst/Education Specialist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)

Series: Making Meetings Work - For District Staff that Facilitate IEP Teams and Other Student-Centered Meetings

January 12, February 9, March 9, and March 30, 2021; 2:00-3:00pm

Intended Audience: Case Managers, Special Ed Site Administrators, IEP team/student-centered meeting facilitators

This four-hour training series (one hour each) is geared towards case carriers and site administrators who run meetings. Topics of the training will include:

- Best practices for running meetings
- Positive communication skills
- Looking at problems from different perspectives
- Being able to clearly articulate concerns from staff and parent perspective especially when it is perceived that the request may be viewed as unreasonable and/or unfair
- Dealing with anger
- Tips on working with "difficult" people or situations

Presenter: Marc Purchin; Purchin Consulting



2-part Training: Creating an Effective Behavior Intervention Plan: Writing a Plan w/ Appropriate Replacement Behaviors and Reinforcement Systems

January 22, 2021; 9:00-10:30am – Part One February 2, 2021; 9:00-10:30am – Part Two

Intended Audience: Psychologists, Behaviorists, professionals who plan and write behavior plans

The implementation of a Behavior Intervention Plan (BIP) is only as effective as the precision, specificity and creativeness of the written plan. This training will cover how to accurately align individualized replacement behaviors to function, select an appropriate reinforcement system, and write measurable goals to track



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progress. Included in this training will be practical tools for writing BIPs that are user-friendly to those implementing them while also providing enough detail that consistent implementation with fidelity is more likely.

Participants will:

- Gain an increased understanding of necessary components of a Behavior Intervention Plan
- Learn how to create aligned pathways between function of behavior and functionally equivalent replacement behaviors
- Take away key concepts in writing a comprehensive BIP
- Engage in case discussion to identify appropriate, creative, and doable reinforcement systems

Presenter: Tara Zomouse, M.Ed., BCBA, NCED, Behavior Analyst/Education Specialist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)

Understanding and Supporting Students with Executive Function (EF) Deficits

March 4, 2021; 9:00-10:30am

Intended Audience: School Psychologists, Mental Health Professionals, Administrators, Teachers, Paraprofessionals

Executive function (EF) is an umbrella term for a collection of cognitive and behavioral functions such as problem solving, reasoning, planning and organization, inhibiting action or speech within context and managing attention control.

It is now commonly believed that executive functions are essential for purposeful, goal-directed behaviors and actions, and there is substantial evidence that academic achievement and appropriate executive function skills are correlated. This training will help teachers understand what executive functions are and how to best support students with executive functioning deficits.

Participants will:

- Understand the Executive Functioning domains.
- Understand how Executive Function deficits are assessed and the link between ADHD and executive functioning.
- Learn how Universal Design for Learning (UDL) strategies can support executive functioning deficits.
- Learn strategies for academic and behavioral support for students with executive functioning deficits.

Presenter: Daniel Silberstein, M.Ed., Education Specialist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)





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<u>For Teachers – Creating a Safe and Supportive Learning Environment: Implementing Environmental-based Strategies to Address Students</u>
<u>Struggling with Mental Health Concerns, at the Tier 1 and Tier 2 Levels</u>

March 9, 2021; 9:00-10:30am

Intended Audience: Special Education Teachers serving students with emotional, behavioral, and mental health needs, General Education. Teachers serving students with emotional, behavioral, and mental health needs

Supporting the mental health needs of students in the classroom is becoming an increasingly important component of providing comprehensive education. This training will describe specific environmental supports that increase students' ability to access learning in the classroom by designing a safe and supportive environment. Additionally, specific mental health conditions and how they present in the classroom through an educator's lens will be reviewed. Participants will discuss how to recognize academic and behavioral symptoms and how to preventatively and proactively implement supports prior to student distress.

Participants will:

- Receive clarity about what is included in Tier 1/Universal social emotional supports, from a teacher perspective
- Explore how to integrate environmental mental health/social emotional supports and practices into classroom instruction
- Work with colleagues to select specific strategies that they can implement in their classrooms
- Learn how mental health issues present in the learning environment

Presenter: Tara Zomouse, M.Ed., BCBA, NCED, Behavior Analyst/Education Specialist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)

Treating Trauma

March 26, 2021; 9:00-10:30am

Intended Audience: School Psychologists, School-Based Mental Health Professionals

The Substance Abuse and Mental Health Services Administration (SAMHSA) estimates that more than two thirds of school aged children have experienced at least one traumatic event by age 16. This staggering statistic suggests that a significant number of students are likely struggling with mental health issues related to trauma. This training will teach therapeutic, evidence-based practice interventions for working with students who have experienced trauma. The trainer will break down the steps involved in a cognitive behavioral approach and will share resources and strategies for working with students in an academic setting.



Participants will:

- Learn how to use Cognitive Behavioral Therapy interventions to support students who have experienced trauma.
- Understand how to utilize evidence-based treatment methods in the school setting.
- Learn how to adapt appropriate treatment interventions according to the type of trauma the student has experienced.

Presenter: Kristin N. Moore, Psy.D., Clinical Psychologist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)



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Social Communication and the SLP

March 31, 2021; 9:00-10:30am

Intended Audience: Speech Language Pathologists

George is having a hard time making friends. In conversations, he sometimes interrupts or changes the topic abruptly. He doesn't pick up on nonverbal cues and often misinterprets his classmates' intentions or feelings. In the classroom, he struggles to follow the rules. He always seems to be in trouble. His classmates sometimes tease him. More and more SLPs are being asked to evaluate and intervene with students who, like George, struggle with social communication. This training will address what social communication is, how we assess it and evidence-based strategies for intervening. Suggestions for providing services through an online format will be provided throughout the presentation.

Participants will:

- Define social communication and its disorders
- Assess students' social communication
- Implement evidence-based interventions for students who struggle with social communication

Presenter: Janet Mclellan, Ph.D., M.A., CCC-SLP-L (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)

What's Language Got to Do with It?

May 5, 2021; 9:00-10:30am

Intended Audience: Speech Language Pathologists, Teachers, Reading Specialists, Psychologists

John can't remember sight words! Jose knows a word on one line and then on the next he doesn't! Jane doesn't understand anything she reads! Joe can't spell! Maria just guesses at words! Daniel just sits in front of a blank page! What can an educator do? Many students struggle with language that impairs their ability to acquire reading and writing skills. In this training we investigate the impact of language on reading and writing, why traditional approaches to reading and writing may not work for these students and how we can collaborate to use evidence-based practices to move these students forward. Samples of how materials and activities can be modified for distance learning will be provided.



Participants will:

- Gain a better understanding of language and how it impacts reading and writing
- Learn why traditional literacy programs may not work for all students
- Learn how to implement the latest evidence-based practices in reading and writing as part of a collaborative school-based team to support all students

Presenter: Janet Mclellan, Ph.D., M.A., CCC-SLP-L (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)



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Social Emotional Learning (SEL)

May 14, 2021; 9:00-10:30am

Intended Audience: School Psychologists, Mental Health Professionals, Administrators, Teachers, Paraprofessionals

Social Emotional Learning (SEL) is the process through which children learn to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions (CASEL, 2020). Given the current academic climate, the adoption and implementation of SEL has never been more important. This training will review domains critical to SEL, the guidelines introduced by the State of California Department of Education (CDE), and strategies targeted at supporting the development of SEL in both the classroom and via remote learning.

Participants will:

- Learn the basic domains related to SEL
- Learn strategies and interventions that support and prompt SEL
- Learn how to implement the strategies in person and via remote instruction

Presenter: Kristin N. Moore, Psy.D., Clinical Psychologist (In partnership w/ the Diagnostic Center North; held jointly with SE SELPA)